

An update on respite care

Respect

Compassion

Responsibility



About today

Update from Tees, Esk and Wear Valleys NHS Foundation Trust (TEWV) on:

- Why things need to change
- What's already happened
- What happens next

Update from North East North Cumbria Integrated Care Board (NENC ICB) on:

- Next steps
- Working with you

An opportunity to ask any questions

Introduction

- Thank you so much for joining us today.
- We wanted to share an important update for our partners on the future of respite service within Teesside.
- The service provides support to people with a learning disability with complex needs from Bankfields in Middlesbrough and Aysgarth in Stockton.

Why do things need to change?

Most importantly, we need to ensure that the service continues to provide the highest quality of care for people.

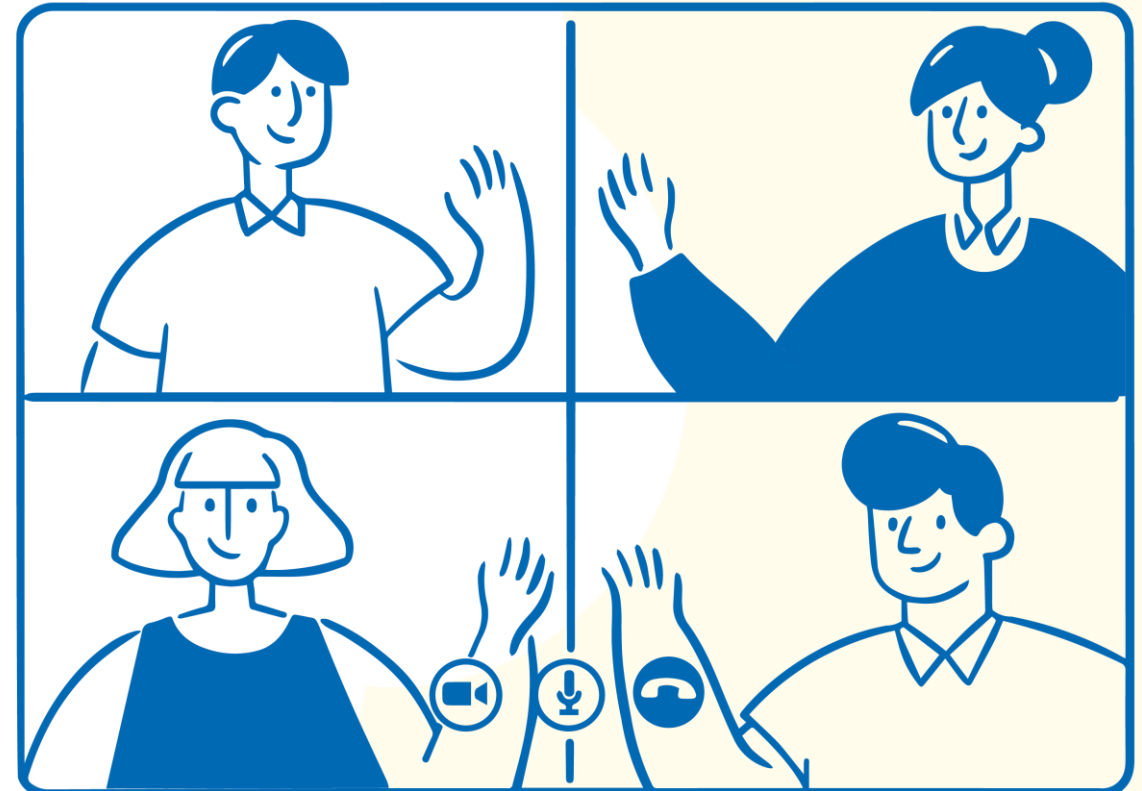
We also need to make sure:

- Our buildings are providing the best environment to care.
- We comply with regulations set out by the Care Quality Commission (CQC).
- There is enough staff to provide safe and kind care.
- The service offers value for money so we can support more families that need this service.



What's already happened?

- A project group was established and looked at options on the potential future for the respite service.
- Unfortunately, none of these options were considered viable.
- We are not able to make changes on our own.
- The ambition is to create something better working together with our partners.



What happens next ...

- Our trust will submit notice on current respite provision – 20 September 2024.
- We will keep working with families and our partners to provide the highest quality of care.
- Committed to provide respite over the next 12 months and aim to be part of the future model.
- Our ICB colleagues will lead on the next steps. They will work with families to develop a service that supports you and your loved ones needs.
- We will continue to communicate with families, staff, people in the health and social care sector and MPs.

What happens next

Respite Care, next steps – NENC ICB

Next Steps...Planned Timeline

September 2024

- Meet the Commissioning Team Events
- Survey launched by Inclusion North (IN) and Skills for People (SfP)

October 2024

- Listening starts by SfP and IN – Commissioners present and available

November 2024

- Data collated
- Draft report to be shared

December 2024

- Feedback to people/ families
- Final report to be produced

January 2025

- Finalised report to ICB from IN and SfP
- Development sessions to start
- Co-production of future provision

February 2025

- Possible market engagement

April 2025

- Possible procurement

Introduction meeting with the ICB team

Meet the ICB Commissioning Team events held

- Face to Face: 11th Sept - Stockton, 12th Sept - Middlesbrough, 13th Sept - Redcar and Cleveland
- Online Event 16th Sept
- We have also offered 1:1 sessions with families who can't make the sessions either by phone or face to face
- Email and Telephone numbers of commissioners provided to all families

Informal Sessions in the community held to:

- Introduce the ICB commissioning Team
- Provide an overview of the ICB role and responsibilities
- Find out how families want to be part of developing future respite plans, communicated with and updated
- Introduce the Independent Listeners Skills for People and Inclusion North and their role
- Leaflet about IN and SfP shared in letter and at events
- Set out timelines for families and what happens next
- Questions and Answers – Recorded and FAQ to be developed from this to share with people who didn't attend

Listening Engagement Events

Independent providers facilitating the events

- **Inclusion North (IN) and Skills for People (SfP) have been commissioned to jointly carry out an independent listening exercise**
 - IN and SfP are 2 not for profit organisations, whose work includes providing information, guidance, advocacy, awareness raising, support people to influence health and care services.
- **IN and SfP are planning**
 - 6 events all face to face 3 hrs each, 2 in each area Stockton, Middlesbrough and Redcar and Cleveland
 - 3 Online sessions to be held in the evenings
- **Content will include:**
 - Brief information sharing
 - Group discussion
 - Face to face - Chance to speak to ICB commissioning team or IN/SfP rep on a 1:1 basis
 - Online – Opportunity to ask questions and discuss as a group
- **A survey both online and paper**
- **An opportunity to speak 1:1 to a member of staff from SfP or IN by phone or by zoom**

Development session in the New year



Feedback from the listening engagement report



Set out how we will co-produce respite support



Service user representatives in project group to support design and specification of any service we may need to procure



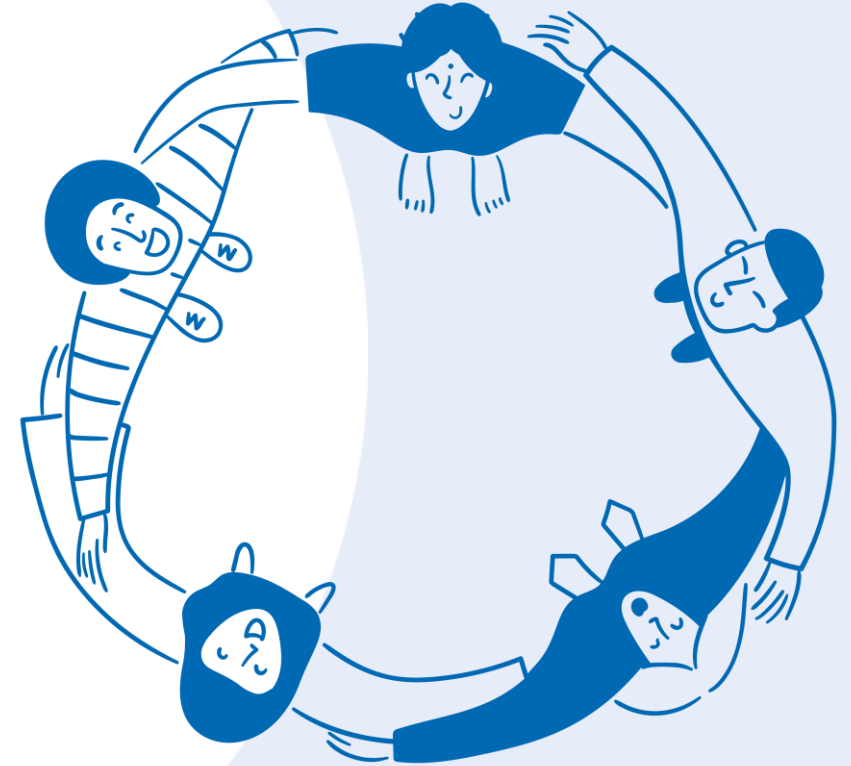
Consider the need for market engagement for future support dependent on feedback

On-going engagement with commissioning team via a Project Group

- **Set up a service users, families and carers project group to enable a collaborative approach to developing future respite provision**
- **The families project group will meet regularly (minimum once a month)**
- **We will feedback to families via their preferred route**
- **Joint Tees Valley Health Scrutiny Committee (All TBC)**
 - January following engagement to update on the findings
 - April with identified solutions and possible Market Engagement outcomes
 - July with potential procurement scenarios

In summary

- These changes are about making sure that the service continues to provide the highest quality of care for people.
- TEWV is committed to providing respite over the next 12 months.
- Developing a future service that provides families with the highest quality of care needs a system-wide approach – involving families, colleagues and partners.



Ask of the Committee

To note the position and rationale for change, including the approach being taken to engagement, inclusion and development of future models of care.

- If we are to achieve the improvements and sustainability of services required we will need the support of all authorities, elected members and partners.
- To work closely with the ICB and our Trust as we navigate the next steps and work with families to develop a service that supports future needs.

Adult Learning Disability service update

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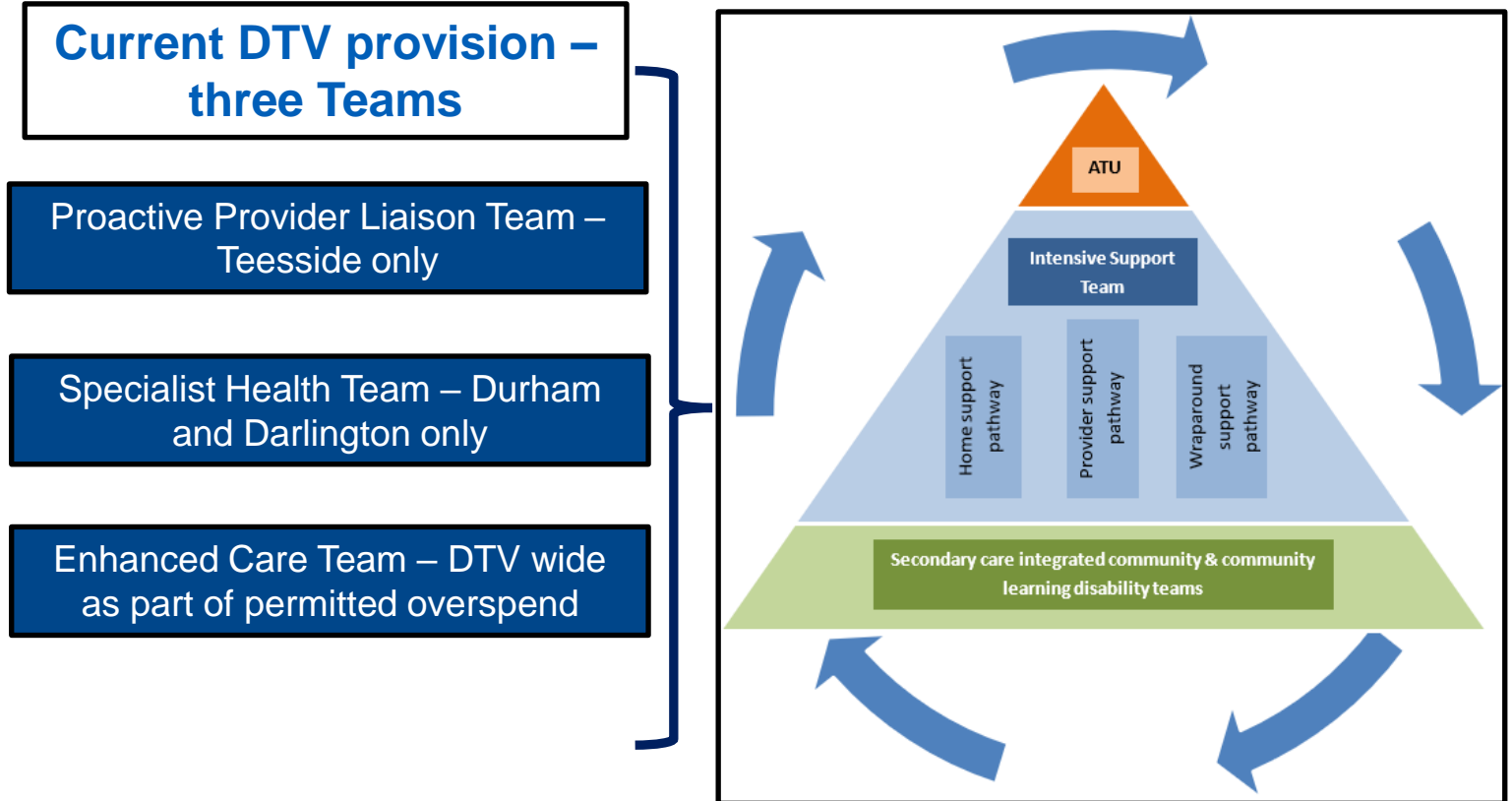
Responsibility



Intensive Support Team

Drivers for Change

- Changing needs for people living in the community.
- Changing needs for community infrastructure that supports people to live in their own homes.
- Greater risk of admission to hospital.
- Impact of hospital admission is significant, leaving those most vulnerable at risk.



Physical health / health facilitation

- Two teams across DTV who provide health facilitation. Each team offer different services. Team manager in each team was providing both operational and clinical leadership.
- Due to changes in team managers - opportunity to align teams across DTV with a single line management and recruitment of a clinical specialist nurse.
- Will develop parity of service across local area.
- Increased support to staff.
- Dedicated operational and clinical roles.
- Will allow for an increased focus on physical health for people with a learning disability to enable continued community placements.
- Increase and improved networks with primary and acute services.

Intensive Support Team Development

- Supported staff through organisational change.
- Held pathway development sessions.
- Commenced transitional period of becoming an IST.
- Stakeholder engagement session booked – 26 September.
- Submission of pathways through governance – October.
- Go-live date – 1 October.

- Dedicated staff driving forward project to stop over medication of people (STOMP) with a learning disability, autism or both, providing:
 - Education to professionals about effects of over-prescribing antipsychotic medication
 - Training on how these medications can affect the working of the brain, impact this might have on mood, thoughts and behaviours
 - Support to carry out robust structured medication reviews within primary care working alongside GPs and Pharmacists.
 - Support to reduce and stop medications if safe to do so
- Met Oliver McGowan's mum, Paula McGowen, who is overwhelmed at the work and support STOMP has had. Further work with Cornwall Intellectual Disability Equitable Research team to discuss STOMP data being part of research.
- STOMP to be included in junior doctor training programme on 27 September 2024.
- Semi structured interview to be held with researcher for NHSE about psychotropic usage in learning disabilities.
- Co-created a STOMP video and information leaflets, meeting with independent voices (local learning disability group).
- STOMP journey to be presented at Drug & Therapy Committee on 26 September and at the Medicine Management group on 15 October
- Teesside University to look at curriculum for pharmacists and student nurses.
- Application made to present stomp at Learning Disability Sharing Innovation and Learning conference December 2024.
- Staff won South Tees Healthwatch award for Excelling in support to others and received national recognition 2024 Learning Disability and Autism Awards.
- Shortlisted for Nursing Times awards and for TEWV star awards which are due to take place in October.

Thank you and any questions?

